

Student Safety and Suicide Prevention

8-1-17

SAY SOMETHING

Warning Signs for Suicide

Withdrawal, Personality Change– Significant or Dramatic, Neglect of Personal Appearance, Sleep Disturbance, Giving Away Belongings, Reckless Behavior, Loss of Interest, Feeling Hopeless, Desperate, Trapped, Statements (Verbal, Written or Drawn) about Death and Dying, Interpersonal Conflict or Recent Loss

4 out of 5 students will show signs

On Campus Concern

If you are concerned about a friend, SAY SOMETHING!

Inform a Teacher, Counselor, Mental Health Clinician (Mrs. Keller) or School Nurse about your concern as soon as possible - DO NOT wait until the end of the day.

Your concern will be kept anonymous & the school will follow up immediately. Counseling support DOES NOT go on your transcript and will be kept confidential.

After School Hours

DO NOT EMAIL COUNSELOR OR TEACHER ABOUT CONCERN AFTER SCHOOL

Contact Irvine Police Department Immediately!

949-724-7000

Inform Dispatch the name of the student you are concerned about. Your call is anonymous. The police will go visit the student and provide support. You can follow up with your school counselor the next day about your call to the Police.

The student will NOT be in trouble with the law.

Resources

On Campus Mental Health Support:

Counselors, Wellness Coordinator, School Psychologist or SRO

Off Campus Support/ Resources:

Irvine Police Department 949-724-7000 (non-emergency)

Didi Hirsch 24 hour Crisis Line 1-877-727-4747

Suicide Prevention Lifeline 1-800-273-8255

Crisis Assessment Team 1-866-830-6011

